



Clarence River U3A Inc

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CLARENCE RIVER U3A CLARION

PRESIDENT'S REPORT

I'm writing this to the accompaniment of falling rain which is so welcome and will refresh our lawns and gardens. Many of our groups have re-commenced with our conscientious Group Leaders ensuring that each activity is safely undertaken in this COVID environment. We all have a commitment to ensure we follow directions and not put any others at risk.

As Publicity Officer, I recently sent a story of the joint enterprise of the Lions Club and The Shed in reconstructing the Carousel horses, originally built by The Shed, which were burned in an act of arson in December 2019, to The Daily Examiner and The Digital Independent. These horses have lovingly been restored by male and female members of The Shed at Yamba/Townsend and the project is a great example of how members of two voluntary organisations can work together to make children happy. I will try to persuade our Editor to include the article in a future edition of The Clarence River Clarion.

In this edition, you will find an extra page which contains information of all of our Group Leaders, their classes and their status, as well as a list of Committee Members elected at the AGM December 2020.

Laura

GROUP LIAISON OFFICER'S REPORT

These groups have started or are starting in the near future. I have been in touch in person with the following groups, Women and Men's Shed, Pickleball, Croquet and Lead lighting. All are going well with some new members. I've heard from Anne's Yamba Walks, Tuesday Art and Maclean Oriental Mahjong and the Photography Group. Doug from Music Appreciation is still sorting out details. Musical Theatre will resume in March. Basic Camping has unfortunately cancelled the next camp. Scottish Dancing and Let's All Sing are still waiting for COVID restrictions to ease.

I contacted Rick about the proposed bird calling identifying group but he could not get anyone to travel the distance to meet up with us. I have investigated various dance groups in the hope of getting a voluntary instructor, but have had no success to date.

Lorraine Kerr

THOUGHT FOR THE MONTH

"A good book is not something you simply take with you but rather something that can take you to another world".

HEALTH TIP From the Heart Foundation memo. "It doesn't matter how slow you go, so long as you do not stop"

EDITORS NOTE; Sorry for the delay in getting this out to you but 'Sydney' called and we have been away. This month's edition includes a separate appendix page which I suggest you keep (lamine perhaps). We have compiled a list of contacts for all our group leaders as well as the full committee (with photo as requested). Enjoy the personal profile of our new group leader Lorraine. What a life! An important date coming up is Wednesday March 10 for our first B&B. Beach and Bush walk from Woody Head. It's always a popular start to the season. Any member is welcome to come. Call me if you don't have the details you require. Stay well. Col Hennessy 0416814911

MEMBER PROFILE

Lorraine Kerr.

GROUP SPOTLIGHT CHESS

I was born in Forbes NSW on the 19th December 1950.

I grew up in a small village, which was 5 miles from Forbes until age of 12 when we moved to Forbes.

I have 3 sisters and 1 brother. I was the rebel of the family and my siblings always tried to tell me what to do. I learned to ride horses, which gave me the freedom to roam in a five mile radius of home.

I loved school but was not interested in the academic side, only socialising and sport.

I had a great child hood and loved hanging out with my dad, dog and friends.

I went nursing at 17 - most of my working career was in this area or community support.

My hobbies included tennis, basketball, hocky, horse riding and later motor bikes, camping, Women's Shed or anything that got me outside.

I married at 22 and had 2 lovely children Kylie and Daniel. Widowed at 35, I remarried at 37 to Michael.

We moved to Maclean in 2001 where we continue to enjoy life doing much the same but with lots of new friends.

My claim to fame is living to the ripe young age of 70.

Something you may not know about me is the fact I completed a four day trek across the Milford Sound with a 20 kg backpack. So there Col.

MONTHLY FORUMS.

This will surely be a winner and the day will vary so as not to conflict with people's classes. I would hope that Group Leaders may defer classes on that day so as to encourage participation. The format will be a ½ hour presentation followed by another ½ hour of questions and discussion. Our first guest will be Geoff Helisma from the 'Independent'.

President Laura has made two good suggestions and now I am asking you to please send me any suggestions you have for future speakers and watch our CRU3A Facebook page for details of the first Forum. Col.

This is one of the smallest and newest groups operating. It meets every Thursday at 9am in the common room of the Oyster Cove residential area. There has been a lot of interest in chess this last 12 months what with Covid lockdowns and the Netflix hit 'The Queens Gambit'.

You can join as a complete beginner and enjoy expert tuition from a true gentleman in Leo Woods.

It is one of the oldest games on the planet and is perfectly suited to enhancing our brain functions.

OUR FACEBOOK PAGE.

At present we have 102 Members in our Facebook Group. If any of your friends are paid up members of the CRU3A and you are a member of our Facebook Page, could you please use the "Invite" button to ask them to join.

I would like to ask that Group Leaders, if they have any photographs of their Group's activities, and with the permission of all persons in the photograph/s, forward the pics on to me so that I can include them on the Facebook Page. This way, we are able to show other CRU3A Members, what they get up to within their particular Group. Don't forget that Group Leaders are also able to Post, special achievements or dates of upcoming events etc.

I would really like, that all Group Leaders, be able to Create a Post and also know how to Upload photographs, videos and files.

All members of the Page are able to Post their view/s, by just clicking within the section that says, "Create a Public Post" and write, whatever it is that they would like to say. Members are also able to Upload a photograph/s.

If any Group Leader would like to be shown, "How To" Create a Public Post or Upload a Photo, Video or File to the Facebook Page, I am willing to help. Just contact me.

All Posts and/or photograph/s, videos, files, etc. go into a "Pending Posts" area first and are then "Screened" by me BEFORE they appear on the CRU3A Facebook Page.

Thank you - Pam Fleming, Facebook Administrator